**EDUCATION, HEALTH & CARE NEEDS ASSESSMENT**

Preparing for the Assessment Process

(0-14 years)

Early Years Foundation Stage – Key Stage 3

We would really like to know what you look like when we are reading about you.

Please put your favourite photo of yourself here.

My name is:

Date completed: \_\_\_\_\_\_\_\_\_\_\_\_\_\_

In this booklet you can record useful information that will help us during your assessment process.

You may want support from a parent, family member, teacher or friend to fill in the information. At the bottom of each page you can write the name of the people who helped you fill it in.

You can write, draw or include photographs for your answers and if you need to, you can add extra pages.

» Important people in my life

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» What people like and admire about me

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» What I like to do at school, at home and with friends

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» Hobbies and interests

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» Looking to the future

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» How I communicate

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» What is working well in my life

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» What issues need resolving

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» Questions I want to ask

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You are being asked to fill in this form because the adults who look after you are asking us at the SEND team to decide if you need a plan called an Education Health and Care Plan, which will help to make sure you get all of the support you need. We need information from the grown-ups who work with you, but more importantly you, to help us make this decision.

The law tells us it is very important we listen to your views and we agree.

The people who will read this don’t know you so it would be really helpful if you can tell us all the important things about you.

You can ask a grown up to help you with this form but remember, we need to know what you think. This is your chance to make sure everyone knows what you think and what you want to happen.

You can use words, drawings or photos to fill in these boxes. If there isn’t enough space, you can add extra pages. If after you have filled this in, you have forgotten to add something you can let us know after

We have added some helpful tips in thought bubbles for you, but you do not need to answer all of these they are just to help you think of answers. Remember you can’t answer anything wrong in this booklet!

There are details at the end of this form if you need to get in touch with us or want to contact a service called SENDIASS, who can give you advice and support.

**Note to parents/carers: if this document is not suitable but you would like to discuss gathering your child’s views in a different way, you can contact SENDIASS via the details at the end of this document.**

Please put the names or pictures of people who are important to you:

**Family**

**Tip:** Who do you care about?

**Friends**

**Tip:** Do you have friends at school or outside of school?

**Tip:** Do any of your family members help you with things?

**Tip:** What do you like about your friends?

Please put the names or pictures of people who are important to you

**School Staff and Paid Support**

**Tip:** Who are your favourite teachers and what do you like about them?



**Tip:** If you had a problem which grownups would you go to for help?

**Tip:** Are there any other adults who help you?

**Others**

What did you like about them?

You may simply want to use a few words or drawings to show what people say that they like and admire about you.

**Tip:** Tell us all the best things about you!

**Tip:** What words do think your friends and family would use to describe you?

**Tip:** Is there anything you have done that makes you proud of yourself?

**Tip:** What are your favourite things to do when you have some free time?

At home:

**Tip:** Is there anywhere you like to visit with your family or a Personal Assistant if you have one?

With friends:

**Tip:** Do you see any friends outside of school?

At school:

**Tip:** What lessons do you enjoy?

**Tip:** What is your favourite time of the day?

**Tip:** What is your favourite?

**Food / Drink**

**Hobbies**

**Tip:** Do you go to any clubs or like to collect anything?

**Tip:** Are there any foods you can’t eat?

**Music**  **TV Programmes**

**Tip:** What are you favourite songs and how does listening to music make you feel?

**Tip:** What are your favourite programmes and how does watching TV make you feel?

**What I dislike**

**Tip:** Is there anything you are scared of or that makes you feel uncomfortable?

**Tip:** Is there anywhere you don’t like to go?

These four boxes are the preparing for adulthood outcomes please tell us what you would like to do in the future

in each box, this might be very soon or in a long time.

**Tip:** is there anything at school you want to achieve?

Education and Training

**Tip:** What do you want to be when you are older?

**Tip:** Do you need to learn about looking after your health or any minor health issues you might have?

**Tip:** How will you keep yourself healthy? What will you eat? Would you exercise?

**Tip:** Are there any subjects you would like to get better at?

Good Health

**Tip:** Are you able to use money or tell the time; are these things you would like to be able to do?

Independence

**Tip:** Are there any things you see grownups do that you would to be able to do?

**Tip:** Can you make yourself anything to eat, what might you like to be able to make by yourself?

**Tip:** Think about your friendships! Would you like more friends? Do you want to keep the same friends?

Community Inclusion

**Tip:** Can you keep yourself safe outside or online. Do you need to get better?

**Tip:** Would you like to be able to travel to places by yourself when you are older? How would you do this?

**Tip:** Are there any community groups you would like to be involved in?

You may not have any communication issues, if this is the case please leave this section blank.

What I do when I’m…

**Happy**

**Tip:** If someone doesn’t know you how would they know you are happy?

**Sad, upset or in pain**

**Tip:** If someone did know how they would know you were sad, upset or in pain?

**Angry or frustrated**

**Tip:** If someone didn’t know you how would they know you were getting angry or frustrated?

Here you can write what is working well for you this might be at school home of in the community.

**Tip:** What things do staff or grown-ups do that help you?

**Tip:** Is there anything that makes doing things easier at home or school?

**Tip:** Have you learnt any new skills or got better at anything recently?

Here you can write things that you think need to get better. This can be at school home or in the community.

**Tip:** What things do you find difficult?

**Tip:** Are there things that you feel you need more help with?

**Tip:** Are there things you would like to be able to do that you can’t?

**Tip:** What things make you feel angry or upset?

If you have any questions or more information you would like to tell us, you can write it here.

Do you have any questions?

**If a grown up helped you with this form, please put their name here:**

**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Tip:** Is there anything that is important to you or you would like us to know about you that didn’t fit in any of the boxes?

Is there anything else you would like to tell us?

**For more information or for any queries please contact:**

SEN Team Manager

[SEN.Admin@togetherforchildren.org.uk](mailto:SEN.Admin@togetherforchildren.org.uk)

For impartial information or advice and support for all SEND matters:

SENDIASS@sunderlandcarers.co.uk

0191 5375764

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