#



Preparing for the Assessment Process

(14-25 years)

Key Stage 4 - Adulthood

Your school or college will usually send us a photo from your support plan but if you have a photo you would prefer us to use please put it here.

My name is

Date completed: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

In this booklet you can record useful information that will help us

during your assessment process.

You may want support from a parent, family member, teacher or friend to fill in the information. At the bottom of each page you can write the name of the people who helped you fill it in.

You can write, draw or include photographs for your answers and if you need to you can add extra pages.

» Important people in my life

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» What people like and admire about me

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» What I like to do at school, at home and with friends

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» Hobbies and interests

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» Looking to the future

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» How I communicate

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» What is working well in my life

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» What issues need resolving

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» Questions I want to ask

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You are being asked to fill in this form because it has either been decided you may need to be assessed for and Education Health and Care Plan or if you have a current plan, this may need to be reviewed.

If you would like to take ownership of your plan/review or run your own meeting, please speak to your SENCO or mentor at school or college about this.

The law states it is very important we listen to your views and we agree. The people who will read this don’t know you so it would be really helpful if you can tell us as much about you as possible.

You can ask someone to help you with this form but remember, we need to know what you think. This is your chance to make sure everyone knows what you think and what you want to happen.

You can use words, drawings or photos to fill in these boxes. If there isn’t enough space, you can add extra pages. If after you have filled this in, you have forgotten to add something you can let us know after

We have added some helpful tips for you to think about when completing your answers. You do not need to answer all of these, they are just to help you think of answers.

There are details at the end of this form if you need to get in touch with us or want to contact a service called SENDIASS, who can give you advice and support

**Note to parents/carers: If this document is not suitable but you would like to discuss gathering your young person’s views in a different way, you can contact SENDIASS via the details at the end of this document.**

Please put the names or pictures of people who are important to you

**Family**

**Think about:** Who do you care about?

**Think about:** Do any of your family members help you with things?

**Friends**

**Think about:** are your friendships important to you?

**Think about:** What do you like about your friends?

Please put the names or pictures of people who are important to you

**School Staff and Paid Support**

**Think about:** Who are your favourite teachers/tutors and what do you like about them?



**Think about:** are there any staff who have really supported you, what did they do?

**Others**

**Think about:** Are there any other people or professionals who are important to you?

You may simply want to use a few words or drawings to show what people say that they like and admire about you.

**Think about:** What do you want the people reading this to know about you?

**Think about:** What do think your friends and family would say about you?

**Think about:** Is there anything you have achieved that makes you proud of yourself?

**Think about:** What’s your favourite things to do when you have some free time?

**At home**

**Think about:** Is there anywhere you like to visit with your family or a Personal Assistant if you have one?

**With friends**

**Think about:** Do you see any friends outside of school or college?

**Think about:** What lessons or subjects do you enjoy?

**At school or**

**college**

**Think about:** Do you go to any clubs or like to collect anything?

**Think about:** What is your favourite?

**Food / Drink**

**Hobbies**

**Think about:** Are there any foods you can’t eat?

**Music**  **TV Programmes**

**Think about:** What are your favourite programmes and how does watching TV make you feel?

**Think about:** What are you favourite songs and how does listening to music make you feel?

**What I dislike**

**Think about:** Is there anywhere you don’t like to go?

**Think about:** Is there anything you are scared of or that makes you feel uncomfortable?

These four boxes are the preparing for adulthood outcomes. Please tell us what you would like to do in the future in each box – this might be very soon or in a long time.

**Think about:** what strengths and interests would you like to build upon?

Education and Training

**Think about:** Do you need to learn about looking after your health or any minor health issues you might have?

**Think about:** have you had any support to discuss future employment?

**Think about**: how will you maintain your mental wellbeing?

**Think about:** do you want to be healthier or make more healthy choices?

**Think about:** what qualifications are you hoping to achieve?

Good Health

**Think about:** Are you able to use money or tell the time, do you need to improve any of these skills?

Independence

**Think about:** Where would you like to live when you are older?

**Think about:** What things would you like to be able to do more independently?

**Think about:** how would you like others to see you? What would you like them to think about you?

Community Inclusion

**Think about:** Can you keep yourself safe outside or online?

**Think about:** If you feel vulnerable in the community, what would make you feel safer?

You may not have any communication issues, if this is the case please leave this section blank.

What I do when I’m…

**Happy**

**Think about:** If someone doesn’t know you how would they know you are happy?

Sad, upset or in pain

**Think about:** If someone did know how they would know you were sad, upset or in pain?

**Angry or frustrated**

**Think about:** If someone didn’t know you how would they know you were getting angry or frustrated?

Here you can write what is working well for you this might be at school home of in the community.

**Think about:** What things can others do that help you?

**Think about:** Is there anything that helps to make things easier at home or school/college?

**Think about:** What have you achieved this year, have you developed any new skills?

Here you can write things that you think need to get better. This can be at school home or in the community.

**Think about:** What things do you find difficult?

**Think about:** Are there things that you feel you need more support with?

**Think about:** What things make you feel frustrated?

**Think about:** Is there anything you feel is holding you back from being able to do what you want to do in the future?

If you have any questions or more information you would like to tell us, you can write it here.

Do you have any questions?

**Think about:** Is there anything that is important to you or you would like us to know about you that didn’t fit in any of the boxes?

**If someone helped you with this form, please put their name here:**

**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

Is there anything else you would like to tell us?

For more information or for any queries please contact:

SEN Team Manager

[SEN.Admin@togetherforchildren.org.uk](mailto:SEN.Admin@togetherforchildren.org.uk)

For impartial information or advice and support for all SEND matters:

[SENDIASS@sunderlandcarers.co.uk](mailto:SENDIASS@sunderlandcarers.co.uk)

0191 5375764



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